

National Nursing Home Week

The 2019 National Skilled Nursing Care Week will focus on living soulfully. May 12-18 will celebrate skilled nursing facilities by showcasing how they achieve happy minds and healthy souls for their residents and staff. See what we have going on by following us on social media.

Thirsty Thursday this month we'll have Georgia and Freddy from WHAT'S NEXT?. What's Next is a company that helps seniors relocate. They handle all the aspects of relocation, including disposal of unwanted items. Join us for some wine and snacks from 3:00-4:00 every 3rd Thursday of the month.

Thirsty Thursday's

Join us for wine & cheese on May 16th from 3-4:00pm.
Guest speakers: Georgia & Freddy/ What's Next?.

Blood Pressure Screening

Blood pressure screenings at the Mason City Senior Center.

Thursday, May 2nd
11:00-12:00 (no appointment needed)

LSVT Big & Loud

Friday, May 10th 12:00pm

This is a program designed specifically for patients with Parkinson's Disease and other neurological conditions. BIG and LOUD trains individuals to use bigger movements and louder sounds anywhere, anytime in their daily living.



North Iowa Band Festival



The 2019 North Iowa Band Festival will be on May 23-27. The IOOF will be participating in the parade on 25th. Come out and show your support for our community and our facility. We are excited to see you all there. The IOOF is proud to be a part of such a supportive community. If you can't make it, be sure to like us on Facebook or follow us on Instagram @ioofmasoncity to see some live coverage.

Meet the team

Michael Davis, Lic. Administrator
Sandy Calvert, Food Service Sup.
Billie Esser, RN, MDS Coord.
Ellen Hinercker, Activity Director
Katie Kranz, Environmental Sup
Dave Byrd, Chaplain
Haley Lentz Human Resources Coord.

Abbie Riser Admin Ast.
Alisha Marquardt Admissions Coord
Doug Ogaard Maintenance Sup.
Sarah Runge Office Manager
Linda Steere, Lic. Social worker
Anthony Romualdo, Communications Coord



STAR WARS DAY
MAY THE 4TH
BE WITH YOU

Community Interests

May 4th is **National Star Wars Day** as well as free comic book day. Stop by Oak Leaf Collectibles and show your support for your local businesses.

5k Walk/Run for Parkinson's Awareness May, 4th 10:00am at City Park in Clear Lake. Register for walk: <https://forms.gle/roWLebUccPtBxuw9>.

Tickets Call: (641)425-0336

We sincerely appreciate all the help we have received in the past from our community. If you would like to help the IOOF Home with future events contact Anthony Romualdo (Communications Coordinator) by emailing aromualdo@ioofhome.net

Donations/Sponsorships for our organization are always welcome. Thank you to everyone who has helped us throughout the years!

If you would like to make a donation you can contact us at (641)423-0428 or by visiting gofundme.com/the-ioof-home-and-community-therapy-center

Thank you to everyone who came out and participated in our 1st annual Easter Egg Hunt!
We hope to see you all again next year.



We would like to give a big shout out to our residents for filling most of the Easter eggs. Thank you to all the staff who helped bring the residents outside on such a beautiful morning to watch the little ones enjoy the hunt. Our awesome residents filled approximately 2,000 eggs!

The Royal Ball 2019!

Thank you to all of our sponsors who made this event possible. We appreciate all of the support from our community and we hope our community shows the same support to these generous people/businesses that keep us whole.

Mojo Productions Martin Bros. Oak Leaf Collectibles

Market 124 Farm House Refurbished Free Bird Arts

Autographed Wax Barn Home Treasures

Tom Rice(IOOFBoard) Shirley Nattress (IOOF Board)

Storm Lake Lodge Clear Lake Lodge

April's Activities



North Iowa Christian School doing crafts with our residents.



Our residents made over 1,400 eggs for our Easter Egg Hunt!



The IOOF volunteering during the Harlem Globetrotters at Mason City High school.

May Activity Highlights

Welcome to Spring! The month looks full of fun with all the special days to look forward to.

May Day of course is your opportunity to spread some unexpected surprise to a friend with a May Day Basket. Surprises are so much fun and can turn "just another day" into a day of surprise!

With the weather improving we are all looking forward to bus trips where we get to get out of the bus. It's fun to just ride along and check on the farmers progress and green everything☺

National Nursing Home week is May 12 through the 18th. The theme for that week is Live Soulfully. Mother's Day is Sunday the

12th. Elvis will be performing LIVE in the main dining room. Us ladies enjoy soulful moments with Elvis performing. Families are welcome to join in the fun. He is one of our favorite entertainers. There will be refreshments after the show to enjoy with your mom and families.

Island Fever will usher in May with a " Flower Power" party on

Tuesday the 14th. Everyone is asked to dress in your " brightest flowery" apparel. If you have a couple of extra things the residents could barrow that would be great! Come prepared to show off a little of your crazy side.

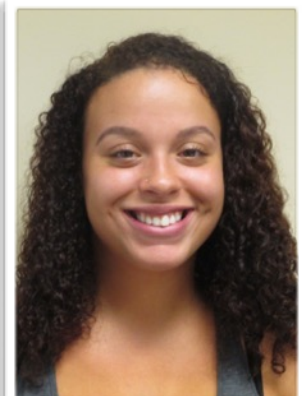
Monthly birthdays will be celebrated at the monthly birthday party on Friday the 17th.

The grand finale on Saturday the 18th will be fabulous musical entertainment from The Raiders Of The Lost Art. This is your time to enjoy a great group.

Employee of the month

Congratulations Nia Jackson (CNA) for being voted employee of the month by your peers. We are proud to have employees like Nia at our facility.

A Message from your peers: Our Resident's LOVE you! You are also pretty great to work with! Thanks for all your hard work!



From the Byrd's nest...

Chaplain: Dave Byrd



"Memorial Services are held every 1st Wednesday of the Month."

Every person deals with life-changing situations that occur regularly. How we get through those times that challenge us, has a lot to do with where our strength comes from. If we are striving to pick ourselves up, based on our own inner drive and direction, we are limited. Not so with God as our strength and shield. The psalmist reminds us to seek after God in our prayers and petitions for His mercy and grace.

"Find rest, O my soul, in God alone; my hope comes from Him. He alone is my Rock and my Salvation; He is my fortress, I will not be shaken. My salvation and my honor depend on God; He is my mighty Rock, my Refuge. Trust in Him at all times, O people; pour out your hearts to Him, for God is our Refuge." Psalm 61:5-8

The IOOF Home is a community in which people from all walks of life come together in this time and place. We are neighbors to one another, and whether it's our Board Members, staff, and residents, we are in this together. Each of us brings something significant to our community. We are all unique in our own way, but we are blended together so that our neighborhood is made better.

During the month of May, we will celebrate Mother's Day on May 12. This is a special time as we reflect upon women of all ages, from young to very mature, realizing that each one has wisdom and experience. It's a time to be thankful that God gives us insight about the importance of loving others in the Spirit in which He loves us.

On May 27, we will pause to give thanks for all those we have loved and lost in the service of our country. Our country was founded upon the idea that we all matter, as people from all over, came to be united as one nation. As you deal with ever-changing times, never lose sight of our Creator to help you navigate through challenging circumstances and situations. When you are feeling overwhelmed, remember to keep looking up: "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalm 46:10 Enjoy your travels and the people around you.

In His Service,
Pastor Dave, Chaplain